

# *Sand Lake Lions Roar*

November 2023



## A letter from the Principal

Dear Sand Lake Families,

I'd like to start by saying thank you for taking time to meet with your child's teacher during 1st Quarter Conferences. Conferences are an important part of what we do, and working together great things will happen at Sand Lake Elementary. Now that conferences are over, please remember to check Q for updated progress summaries for your children.

Daylight savings time happens on November 5th, so it's official, we're heading into winter! As a reminder, please make sure your children are ready for the snow, and that all their gear is labeled. As the temperature drops, it's important your child has gloves, a hat, coat, snow pants, and boots. Not every child wants to wear all of these items each day, so when it's below zero and you don't have gloves, the only option is to borrow what may be available in the nurse's office. Students go outside every day, unless the temperature is colder than -10 degrees F.

Now that it is much darker during the morning commute to school, please make sure your children have something reflective on their winter gear whether they are walking to school or waiting at the bus stop.

Our next PTSA/TNK meeting will be on Thursday, November 9th at 4:00 pm in the library. Moving forward, meetings will alternate between the afternoon and the evening.

Thank you for working together to decrease the number of issues in the parking lot during drop off/pick-up times. If you are dropping off or picking up, please pull into the lot and stay next to the curb while waiting for your children. Keeping traffic to one lane will prevent students from running between cars through the parking lot.

Finally, if you ever have any questions, comments, or concerns please feel free to contact us at (907) 243-2161 or [Sandlakeattendance@asdk12.org](mailto:Sandlakeattendance@asdk12.org).

Sincerely,

Linson Thompson  
Principal, Sand Lake Elementary



## UPCOMING EVENTS

- **11/1** Honor Choir Auditions (Begich Middle School)
- **11/1** Honor Choir Auditions (Romig Middle School)
- **11/2** Chess Club (Room 210)
- **11/2** Honor Choir Auditions (Homestead Elementary)
- **11/2** Honor Choir Auditions (Huffman Elementary)
- **11/3** Picture Retake Day
- **11/3** UAA Basketball Field Trip (5th Grade only)
- **11/3** Sand Lake Band Performance (1:30-2pm in MPR)
- **11/4** UAA STEM Day
- **11/4** Girl Scouts Open House (Kincaid Park Chalet)
- **11/5** Daylight Savings Time
- **11/6** Sand Lake Food Drive begins
- **11/6** Fall 2023 Basketball Camp (Dimond High School)
- **11/9** Sand Lake PTSA Movie Night
- **11/10** No School
- **11/13** Fall 2023 Basketball Camp (Dimond High School)
- **11/20** Fall 2023 Basketball Camp (Dimond High School)
- **11/23** Thanksgiving Holiday (No School)
- **11/24** Thanksgiving Holiday (No School)
- **11/27** Fall 2023 Basketball Camp (Dimond High School)



# ASD Honor Choir Auditions Open to singers in 5th and 6th grades

**Auditions are 4:30-6pm at the following schools:**

November 1, 2023 Begich Middle School Music Wing

November 1, 2023 Romig Middle School Music Wing

November 2, 2023 Homestead Elementary School

November 2, 2023 Huffman Elementary School

Interested students should see Mrs. Nilsson as soon as possible to pick up audition materials and do a practice audition.



**JOIN Sand Lake Chess Club:**



# **SAND LAKE** **Chess Club**



**4-6th Grade**



**NOVEMBER 2 - DECEMBER 14**

**Thursdays 3:35-4:30 in Room #210**

**\*Parents must fill out application and permission slip.**

**\*Students - be one of the first 20 students to return your signed forms to Mrs.Boese in Room #216**

**\*Show up on Thursday Nov 2nd @ 3:35pm Room #210 for our first meeting.**

Picture Retake Day is November 3rd...

Lifetouch.

# PICTURE DAY IS COMING!

¡YA LLEGA EL DÍA DE LA FOTO!

Friday, November 03, 2023  
Sand Lake Elementary School Retake Day!



Scan to order!  
¡Echa un vistazo para encargarte!



## How it Works:



Pre-order today on  
[mylifetouch.com](https://mylifetouch.com)  
using your Student ID or  
Picture Day ID:  
**EVTMPMKXJ**



Students are  
photographed on  
Picture Day




Orders will be sent home  
with your student after  
Picture Day

*Cómo funciona: Encarga de manera anticipada en mylifetouch.com usando tu ID de estudiante o la ID del Día de la Foto. Los estudiantes son fotografiados el Día de la Foto. Los pedidos serán enviados a tu casa con tu estudiante después del Día de la Foto.*

Questions? Contact our Help Center at [lifetouch.com/support-us](https://lifetouch.com/support-us). Select K-12 School Photography for assistance.  
¿Preguntas? Comunícate con nuestro Centro de Ayuda en [lifetouch.com/support-us](https://lifetouch.com/support-us). Selecciona Fotografía Escolar K-12 para recibir asistencia.

#23PPEFUS © 2023 Student ID Lifetouch, LLC



 University of Alaska A...

[www.uaa.alaska.edu](https://www.uaa.alaska.edu)

STEM Day, hosted by the Division of Mathematics & Natural Sciences, CAS





**FREE FAMILY-FRIENDLY EVENT!**  
**SATURDAY, NOVEMBER 4TH**

**UAA CONOCOPHILLIPS INTEGRATED SCIENCE BUILDING  
(CPISB)**

**FREE PARKING**

**10:00 AM - 4:00 PM**

20+ booths with hands-on activities related to robotics, earthquakes, Alaska wildlife, DNA, human anatomy, wind power, and so much more.

A tour of engineering labs with demonstrations related to structural engineering, materials science, and hydrokinetics.

Engaging demonstrations from physics and chemistry experts.

**LEARN MORE HERE:**



**LUNCH AVAILABLE FOR PURCHASE FROM SERRANO'S!**

UA is an affirmative action/equal opportunity employer, educational institution and provider and prohibits illegal discrimination against any individual: [www.alaska.edu/nondiscrimination](http://www.alaska.edu/nondiscrimination).

The Anchorage School District does not endorse these materials or the viewpoints expressed in them.

**Girl Scouts Open House at Kincaid Park Chalet:**



**Explore Girl Scouts**

Join us at our open-house style event and try out a range of activities based on the pillars of Girl Scouting. Stations include making mini first aid kits, identifying problems with a campground, picking which "ten essential" items they need for different adventures/activities, engineering challenges, making a pocket solar system, practicing goal setting, making collages to express themselves, practice selling cookies at a booth, investigating items under microscopes, translating a dance into code, writing letters of support to women and girls across the country, learning about Girl Scout history, and more!

Visit the camp store and win prizes. Or earn a patch by completing the goal setting activity.

**November 4th**

**Kincaid Park Chalet**

**11:00AM-3:00PM**

**REGISTER TODAY**

First 100 girls to register will be entered into a raffle to win a Girl Scout swag bag.



**OPEN TO ALL GIRLS**  
membership not required

**girl scouts of alaska**

The Anchorage School District does not endorse these materials or the viewpoints expressed in them.

## Sand Lake Elementary Food Drive

As we head into the season where we are all being thankful for what we have, it is again time for the Sand Lake Food Drive. It will run from November 6 - December 8. It is a great opportunity for our students to make a big impact in our community by bringing shelf-stable foods for those that do not have enough. See flyer. Drawings will be held weekly for those that participate.

Sand Lake Elementary

IS SPONSORING A

# FOOD DRIVE

TO BE HELD ON:

November 6th- December 8th



**HEALTHY ITEMS:**

- Fruit Cups
- Canned Goods
- Cereal
- Peanut Butter
- Beans
- Milks
- Soups
- Grains/Pasta
- Dried Fruit/Meat


Scan here to discover additional items to donate:



DROP OFF  
LOCATION

Your child's classroom



 Dimond Lady Lynx Basketball

[Dimond Lady Lynx Bas...](#)

[www.ladylynxbasketball.com](http://www.ladylynxbasketball.com)

Fall 2023 Basketball Camp Register Here This Fall our Lady Lynx Basketball team will be hosting a basketball camp for 3rd-8th grade boys and girls. We will be hosting it at Dimond High School in the Main Gymnasium. Below is a flyer. Register here



# Dimond Girls Basketball

LADY LYNX

## Fall 2023 Basketball Camp

The Dimond Girls Basketball Team would like to invite 3rd-8th grade girls and boys to Dimond High School for a fun and high energy basketball camp.

Our current Dimond Girls Basketball players and coaches will provide fun and encouraging lessons along with competitive play. The camps will focus on footwork, shooting, passing, ball handling and other individual skill work.

Sign up at [ladylynxbasketball.com](http://ladylynxbasketball.com)

**\$80**

**Dates:**

- Monday, November 06 3rd-8th Grade 6-8pm
- Monday, November 13 3rd-8th Grade 6-8pm
- Monday, November 20 3rd-8th Grade 6-8pm
- Monday, November 27 3rd-8th Grade 6-8pm

Cash or Check only at registration on first day of camp

Checks made out to Dimond Alumni Association

\*Campers - please wear appropriate clothing & shoes and bring your own appropriately sized basketball



Sand Lake Basketball Team sign up COMING SOON!



5TH/6TH GRADERS INTERESTED IN  
JOINING A SAND LAKE BASKETBALL  
TEAM WILL HAVE A CHANCE IN THE  
NEAR FUTURE!

LISTEN TO THE ANNOUNCEMENTS AND  
LOOK FOR THE PERMISSIONS SLIPS AS  
SPACE WILL BE LIMITED TO FIRST  
COME, FIRST SERVE.

STUDENTS WILL BE RESPONSIBLE FOR  
TURNING IN ALL THEIR WORK TO  
PARTICIPATE.

**For more information see:  
Mrs.Congdon or Mr.Jordan**



# Sand Lake Elementary School

## PTSA NEWSLETTER

NOVEMBER 2023

### A NOTE FROM PTSA

Dear Families,

I wanted to start by saying THANK YOU to everyone who helped make our Fall Carnival a hit! We couldn't have done it without all of the amazing volunteers and donors. A special thank you to all the teachers who joined to hand out candy. We can't wait until next year!

This month we will have our first 4pm PTSA meeting. We will be alternating general meeting times so that we can make it more convenient for everyone to attend.

### HELP NEEDED

- movie night on Nov 9
- November food drive, weekly runs to food bank
- December Barnes and Noble night Dec 3

### UPCOMING EVENTS

- Next PTSA General Meeting Nov 9, 4pm, Sand Lake Library
- Movie Night, The Grinch (2018), Nov 9 6pm
- Food Drive, November
- Barnes and Noble night Dec 3

### CONTACT US

President- Lindsey Edwards  
sandlakeptsa.president@gmail.com  
Vice President- Blair Robinson  
sandlakeptsa.vicepresident@gmail.com  
Secretary- Brittany Ford  
sandlakeptsa.secretary@gmail.com  
Treasurer- James Riches  
sandlakeptsa.treasurer@gmail.com  
Vice President of Fundraising- Risha Toci  
sandlakeptsa.vpfundraising@gmail.com  
Vice President of Events- Shannon Spalding  
sandlakeptsa.vpevents@gmail.com

### REMINDERS

- Food trucks (Tacos El Primo and Bore Tide Pretzel Company) will be at school between the PTSA General Meeting and Movie night on Nov 9 for those attending to grab diner.
- Charleston Wrap orders will arrive and be sent home in early November

-Follow us on Facebook!  
Sand Lake Elementary PTSA





## News from the Nurse

✉ [sandlakenurse@asdk12.org](mailto:sandlakenurse@asdk12.org)

☎ 907-742-9261

🌐 [asdk12.org/domain/4528](http://asdk12.org/domain/4528)

Dear Sand Lake Families,

We are rapidly approaching yet another Alaskan winter. Please be sure to have your child dressed in appropriate layers for the weather. Coats, gloves, hats, boots, and snow pants are recommended. It is also recommended that your child's gear be labeled with their name.

If your child has glasses from an eye care specialist, please make sure they are wearing them for school. It can be a struggle for anyone to succeed when they cannot see. If you need assistance finding an eye doctor for your child, please feel free to contact me.

Be well.

*Nurse Laura*

*Laura Aimonetti, BSN, RN, NCSN*



## *When to Keep your child home from school*

## *Medications at School*

Parents are responsible for providing all medications to the school nurse in the original container accompanied by the appropriate form.

## *2023-2024 School Meal Prices*

Beverage prices are the same for both students and adults. Adult meal prices are higher since adult meals are not federally subsidized. Milk may be purchased at the a la carte price of \$1.00 for regular and \$1.50 for lactose-free milk.

## *Apply for Free and Reduced-Priced Meals*

For questions, please contact student nutrition: [snadmin@asdk12.org](mailto:snadmin@asdk12.org) or (907)348-5145



[Sand Lake Elementary ...](#)

[www.asdk12.org](http://www.asdk12.org)

Sand Lake has a vibrant neighborhood program and is home to the Japanese Immersion Program.



# TOMO NO KAI



WELLS FARGO

